

Family-Centered Support Programs

The Center for Forensic Psychiatry offers an educational and supportive program for family members and significant others of our patient population. We know that having a relative or friend receiving treatment at the Forensic Center can often be confusing and, at times, frustrating. Some of you may have experienced feelings of helplessness and uncertainty about what you can do to help your family member. We have designed this program to assist in clarifying some of your confusion, answering some of your questions, and providing a supportive community. This is an ongoing program to assist families in understanding general treatment concepts for the mentally ill and gain knowledge about mental illness in addition to what you can do to help your family members and yourself.

Topics that will be addressed in this group will include: Mental illness (what it is and how it is treated), substance abuse (how it impacts the family and the individual with mental illness), how the Forensic Center provides treatment for mental illness, how to advocate for your loved ones, and tips for coping with the stress of having a loved one hospitalized, in addition to other topics. We will accomplish these goals by inviting speakers, such as psychiatrists, social workers, security staff, nurses, and others, to share their perspectives and knowledge.

The program meets on the second Saturday of every month from 10:00am to 12:00pm. All meetings are open to new members except for our picnics, which are in April and October. You have the option to join in person or via Zoom. If you are interested in attending these meetings, please call 734-295-4802 for additional information.